

Category 1 (ID:2993)

Amount Requested: \$7,500.00

## Autism Community Network

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## Summary

### Q 1. Project Name

Cooking More Life Skills

### Q 2. Brief Project Description (100 word maximum)

Autistic children are taught how to work together to prepare a different recipe each time, along with learning about hygiene, social rules, safety in the kitchen and enjoying their meal together.

## Project Details

### Q 3. Please provide an outline of your project (250 words)

Presenting opportunities for children with autism helps to develop their social skills to allow them to engage more with their local community. Equally, their families, who often feel isolated are able to meet others for mutual support, developing social and support networks as they themselves grow more confident to engage with the local community and economy. This program has been running for a few years in the St. George area and has proven the most popular activity we provide to these kids. Each fortnight, the Facilitator chooses a meal recipe plus a simple dessert for the group to prepare. The group of 10 children work together to create their meals and then enjoy having their dinner together. As the group is so popular we give priority to those who missed out the previous session, but there is always a waiting list.

### Q 4. Which of the following ClubGRANTS priority areas below does your project address?

A4 - aged, disability or youth services

### Q 5. How did your organisation identify the need for this project?

Initially it was simply identifying the need for children with autism to learn a few basic life skills for self care. We have since seen how popular the program is through the waiting lists to participate. For those children who are capable of living independently in the future this is a vital life skill. For the ones who will still rely on assisted living or full time care it is still a great social experience where they are able to also enjoy being part of something important and even make friends.

### Q 6. Who will your program benefit?

Children (0-14yrs)

### Q 7. Approximately how many local resident recipients will your project benefit?

### Q 8. Approximately how many local resident volunteers will be involved?

### Q 9. Will ALL the ClubGRANTS funding you have requested be spent within the Local Government Area in which you are applying?

Yes

If not, approximately what percentage will be spent outside the local area?

### Q 10. What is the proposed commencement date and completion date for the project?

#### Commencement date:

01/07/2018

#### Completion Date

30/06/2019

## Funding Information

### Q 11. Can your project be broken down for part-funding? If so, how?

The group could potentially run monthly however with a waiting list always in place already many children would miss out.

### Q 12. Will your project still be viable if you receive less than the requested amount?

Yes

**Q 13. Has your organisation received funding from another club in the past 12 months?**

Name of Club	How much was received?	When was the funding received?	Purpose of funding
Club Merrylands Bowling and Guildford Leagues Club	\$3,450.00	2017	Cumberland Autism Active Kids
Club Rivers	\$4,950.00	2017	Cooking Club
West's Ashfield	\$4,950.00	2017	Music Therapy
City of Sydney RSL	\$2,750.00	2017	Sydney Social Family Days
	<b>\$16,100.00</b>		

**Does your project have any other sponsors? If so, who and for how much?**

No

**Q 14. Project budget**

Income Description	Amount	Expenditure Description	Amount
Georges River Clubs Grants	\$7,500.00	20 sessions x 1 facilitator @ \$50/hr x 2hrs	\$2,000.00
ACN In-kind volunteer	\$1,000.00	20 sessions x 1 aide @ \$25/hr x 2hrs	\$1,000.00
		20 sessions x recipe supplies @ \$100 each session	\$2,000.00
		supervision / administration/promotion 20 sessions x \$50	\$1,000.00
		Equipment	\$500.00
		20 sessions x 1 volunteer @ \$25/hr x 2hrs	\$1,000.00
		20 sessions x Venue hire @ \$50	\$1,000.00
	<b>\$8,500.00</b>		<b>\$8,500.00</b>

**Q 15. Please provide your organisations banking details. (If you have an auspice, please provide that organisation's details)**

**Account Name**

Autism Community Network

**Account Number**

10417253

**BSB No:**

062234

**Previous Funding**

**Q 16. Note to applicants: only complete this section if you have received funding over the past three years.**

Year Received	Amount Received	Purpose of funding	Report Submitted (Y/N)
2017	\$2,750.00	Sydney Social Family Days	N - program still running
2017	\$4,950.00	Music Therapy	N - program still running
2017	\$4,950.00	Cooking Club	N - program still running

2017	\$3,450.00	Cumberland Autism Active Kids	N - program still running
2016	\$5,600.00	Fit & Friendly Sutherland	Y
2016	\$2,357.00	Ryde Arts About Autism Club	Y
2016	\$5,300.00	Hurstville Fit & Friendly	Y
2016	\$5,300.00	St. George Art Club	Y
2016	\$5,300.00	St. George Cooking Up Life Skills	Y
2015	\$5,600.00	Fit & Friendly Sutherland	Y
2015	\$5,000.00	Canterbury Drama	Y
2015	\$5,300.00	Hurstville Fit and Friendly	Y
2015	\$4,800.00	Parramatta support group	Y
	<b>\$60,657.00</b>		

## Authorisation

**Title:** Mr  
**Name:** Steve Drakoulis  
**Position:** General Manager