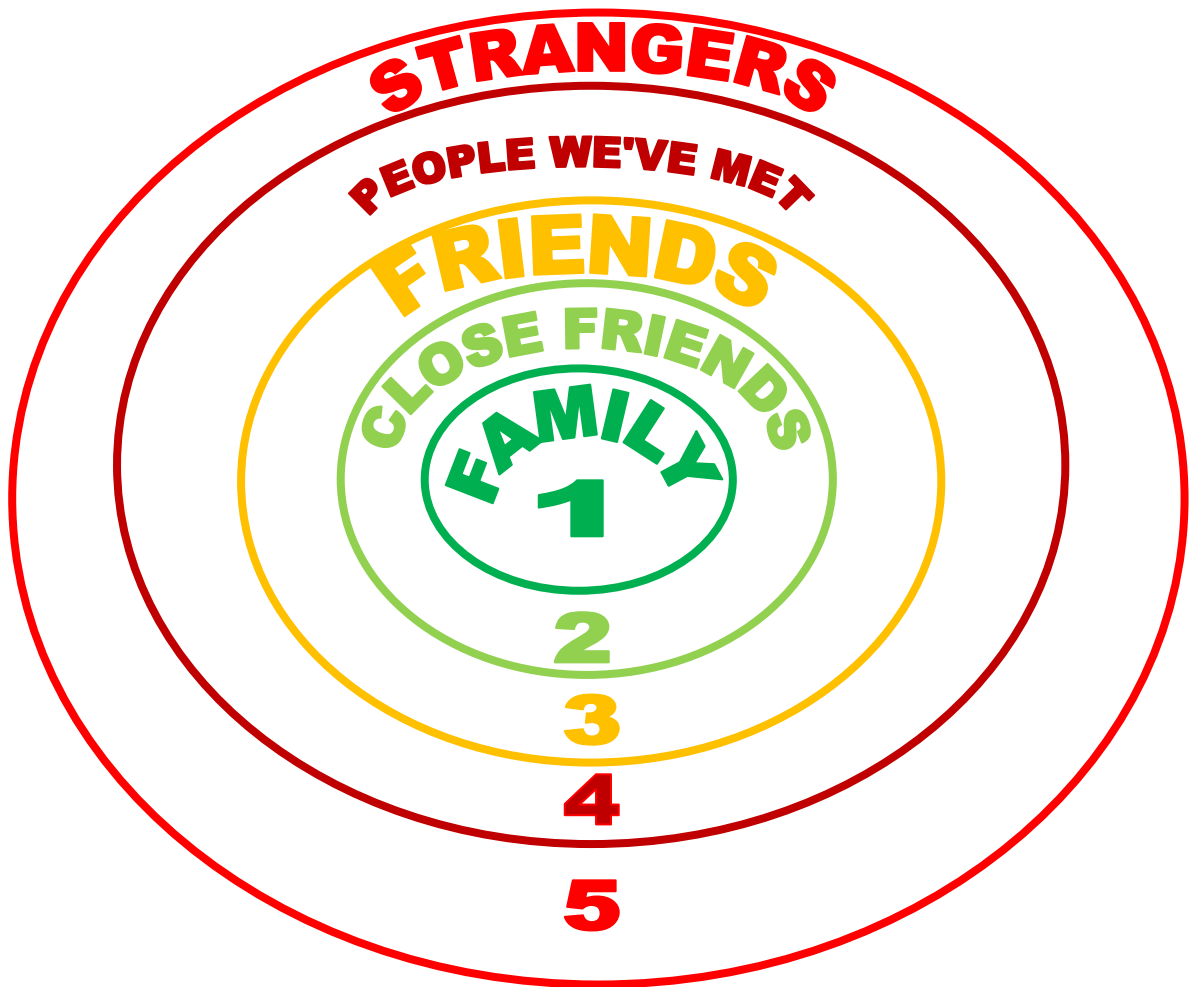


## Teaching Children Relationship Boundaries



- 1. Family:** Family members are the people we're closest to. We can:
  - a. Hug and kiss them
  - b. Say nice things like, "I love you"
  - c. Tell them about a problem
  - d. Talk about private things
  - e. Talk about family things
- 2. Close Friends:** To our closest friends, we can give hugs when we say hello and goodbye.
  - a. We can say "I like you," to them.
  - b. Hold their hand
  - c. Give them a hug or shake hands
  - d. Ask them to our house or invite them to a party
  - e. Go to their house
  - f. Say things like, "I like you" or "you're my friend"
  - g. Talk about my problems
- 3. Friends:** We can shake hands with our friends, or pat them on the back.
  - a. Say things like, "I like you" or "you're my friend"
  - b. We can play games and take turns.
  - c. Ask them to our house or invite them to a party

- d. Go to their house
- e. talk about things i like
- f. talk about things they like
- g. be nice to them. Don't hurt their feelings
- h. talk about something that has happened
- i. don't talk about things that are private or family things

4. **People We've Met:** People in our classes at school or neighbours can have a handshake, and a wave.

- a. We can say, "Hello, how are you?" and smile.
- b. Wave
- c. ask a question if you think they can help you
- d. answer a question
- e. talk about things i like
- f. talk about things they like
- g. be nice to them. Don't hurt their feelings
- h. talk about something that has happened
- i. don't talk about things that are private or family things

5. **Strangers:** Strangers are people we have not met and don't know.

- a. We don't hug or say "I love you," to them.
- b. We can be polite and say, "Thank you," and "Excuse me" if we need to.
- c. But otherwise we don't talk to strangers.
- d. We don't let them touch us and we don't touch them

If your child grasps the concepts, you can go further with your discussion. Ask "what if" questions.

- What if a stranger asks you to help him look for a lost dog?
- What if a person we've met tries to kiss us?
- What if a friend asks us private questions?

<http://special-needs.families.com/blog/teaching-children-relationship-boundaries>