

Category 1 (ID:3866)

Amount Requested: \$4,400.00

Autism Community Network

Mr Steven Drakoulis
steve@autismcommunity.org.au
0431 724 229

Summary

Q 1. Project Name

Bully-Proof Kids

Q 2. Brief Project Description (100 word maximum)

A tailored 10 week taekwondo program for children with Autism Spectrum Disorders. This program teaches children ages 6 to 12 understand how to stay safe, while helping them improve their fitness, coordination, and social skills. There is no fighting. They are taught their technical pattern and on completion graduate to the yellow belt.

Project Details

Q 3. Please provide an outline of your project (250 words)

This program has run for 4 years in the St.George region and we want to now bring it to the Canterbury-Bankstown LGA. Children with autism typically have poor fine and gross motor skills and weak coordination. They also struggle to participate in mainstream activities due to their slower ability to keep up. This program takes a group of autistic children and teaches them basic taekwondo movements designed to help them improve their coordination. It is a structured program where they work as a team to learn. The last 10 minutes of each session focuses on education and reinforcement of safety messages. These discourage violence and focus on escape and reporting to adults. On completion, each child is allowed to realise how capable they actually are, and those who want to can then transition into the mainstream club the instructor provides. To date we have seen at least 10 children continue on after the completion of Bully Proof Kids.

Q 4. If you are working with a specific ClubGRANTS participating Club in Canterbury-Bankstown, please select that club below.

Q 5. Which of the following ClubGRANTS priority areas below does your project address?

A4 - aged, disability or youth services

Q 6. Who will your program benefit?

Children (0-14yrs)

Q 7. Approximately how many local resident recipients will your project benefit?

We have 120 families currently registered in the Canterbury-Bankstown LGA

Q 8. Approximately how many local resident volunteers will be involved?

1

Q 9. Will ALL the ClubGRANTS funding you have requested be spent within the Local Government Area in which you are applying?

Yes

If not, approximately what percentage will be spent outside the local area?

Q 10. What is the proposed commencement date and completion date for the project?

Commencement date:

28/07/2018

Completion Date

29/09/2018

Funding Information

Q 11. Can your project be broken down for part-funding? If so, how?

Less funding would require the families to pay part of the fee for each participating child themselves.

Q 12. Will your project still be viable if you receive less than the requested amount?

Yes

Q 13. Has your organisation received funding from another club in the past 12 months?

Name of Club	How much was received?	When was the funding received?	Purpose of funding
Club Merrylands Bowling and Guildford Leagues Club	\$3,450.00	2017	Cumberland Autism Active Kids
Club Rivers	\$4,950.00	2017	Cooking Club
West's Ashfield	\$4,950.00	2017	Music Therapy
City of Sydney RSL	\$2,750.00	2017	Sydney Social Family Days
	\$16,100.00		

Does your project have any other sponsors? If so, who and for how much?

No

Q 14. Project budget

Income Description	Amount	Expenditure Description	Amount
Canterbury Bankstown Clubs Grants	\$4,400.00	Instructor	\$1,200.00
ACN In-kind volunteer	\$500.00	Venue	\$600.00
		15 kids x \$140 each	\$2,100.00
		supervision / administration/promotion 10 sessions x \$50	\$500.00
		Aide	\$500.00
	\$4,900.00		\$4,900.00

Q 15. Please provide your organisations banking details. (If you have an auspice, please provide that organisation's details)

Commonwealth Bank - Autism Community Network

Account Name

Autism Community Network

Account Number

10417253

BSB No:

062234

Previous Funding

Q 16. Note to applicants: only complete this section if you have received funding over the past three years.

Year Received	Amount Received	Purpose of funding	Report Submitted (Y/N)
2017	\$2,750.00	Sydney Social Family Days	N - program still running
2017	\$4,950.00	Music Therapy	N - program still running
2017	\$4,950.00	Cooking Club	N - program still running
2017	\$3,450.00	Cumberland Autism Active Kids	N - program still running
2016	\$5,600.00	Fit & Friendly Sutherland	Y
2016	\$2,357.00	Ryde Arts About Autism Club	Y

2016	\$5,300.00	Hurstville Fit & Friendly	Y
2016	\$5,300.00	St. George Art Club	Y
2016	\$5,300.00	St. George Cooking Up Life Skills	Y
2015	\$5,600.00	Fit & Friendly Sutherland	Y
2015	\$5,000.00	Canterbury Drama	Y
2015	\$5,300.00	Hurstville Fit and Friendly	Y
2015	\$4,800.00	Parramatta support group	Y
	\$60,657.00		

Q 17. As this is the first round using the new online system, any comments, suggestions or feedback on the system would be greatly appreciated'

Loving the simplicity of it. We still covered the major details without getting bogged down with repetitive questions.

Authorisation

Title: Mr
Name: Steve Drakoulis
Position: General Manager